

April 9th 2010  
Williams Lake  
British Columbia  
Canada

## **CARIBOO CHILCOTIN COAST** **Story List**

### **Quirky and Unique Characters**

#### **The Cariboo Mountains “Bear Whisperer”**

Gary Zorn has a passion for the big bears – the grizzlies. With Gary you will meet the Cariboo Mountains grizzly bears in their wild natural habitat. Gary has devoted his life studying the social hierarchy, habits, habitat and body language of these creatures while communing with them on their turf. Located in the Cariboo Mountains Park this is part of the only interior temperate rainforest on earth at the north east end of Quesnel Lake, the deepest Fjord Lake on the planet.

<http://www.ecotours-bc.com/content/view/13/52/>

#### **Douglas Neasloss**

Lead guide and cultural interpreter for Spirit Bear Adventures in Klemtu, BC. Douglas is of Kitasoo ancestry and has had the opportunity to work with some of the most notable scientists, naturalists, and cultural and ethno-geographers in the world.

<http://www.spiritbear.com/site/guides.html>

#### **Barney Bentall**

If you're a Canadian rock fan, chances are you've got some Barney Bentall tunes on your playlist. Bentall and his Vancouver-based band The Legendary Hearts were one of the most popular and widely touring acts in the country during the 1990s. These days Bentall divides his time between solo projects – his latest album, *The Inside Passage*, was released in September 2009 – and hosting the Grand Cariboo Opry, a country and western orchestra complete with hilarious down home monologues.

Formed to raise funds for needy residents in Vancouver's Downtown Eastside, the Grand Cariboo Opry was inspired, in part, by Bentall's other career: ranching in British Columbia's Cariboo Chilcotin Coast Region. <http://www.barneybentall.ca/home.html>

#### **Rick Hansen**

Rick carried the Olympic torch into BC Place at the opening ceremonies for the 2010 Winter Games. One of five notable Canadian torch bearers (Wayne Gretzky, Catriona LeMay Doan, Steve Nash and Nancy Greene) invited by VANOC to ignite the Olympic opening ceremony cauldron and was also named as honorary Mayor of the 2010 Olympic Village! (Rick grew up in the Cariboo a fishing fanatic and outdoor sportsman). Eight Canadians have been named volunteer honorary mayors to welcome athletes from around the world to their home away from home at the athletes' villages in Whistler and Vancouver during the Vancouver 2010 Olympic and Paralympic Winter Games. <http://www.rickhansen.com/>

### **Don Alder**

2007 International Fingerstyle Champion: Don Alder plays acoustic fingerstyle guitar with a passion that has quickly earned him a reputation as Vancouver's "best kept little secret". Don is a world-class fingerstyle guitarist with a "wow factor" that has led to multiple endorsement deals.

<http://www.donalder.com/>

### **Judy Campbell**

Judy Campbell, the CEO of Barkerville Historic Town and one of Wells's 250 residents, has lived, worked, hiked and skied in the area since 1974. We caught up with her between meetings and ski trips (Judy favours telemarking) for an insider's look at Barkerville and Wells.

<http://www.destination2010.ca/story-ideas-features>

### **Holly Willgress & Fraser Koroluk "Biologists in Bella Coola"**

Owners & Guides at Coast Mountain Lodge and Kynoch West Coast Adventures combine several years of leadership and participation in outdoor adventure travel with professional careers in fisheries and environmental biology. bringing the adventure of untamed wilderness within the grasp of those willing to venture into it!!!

[https://www.coastmountainlodge.com/site/wilderness\\_tours.html](https://www.coastmountainlodge.com/site/wilderness_tours.html)

### **"Mountain Woman" Chris Czajkowski**

In 1988, Chris Czajkowski walked into British Columbia's Central Coast Mountains to build a homestead, a business, and a life and now in 2010 she's contemplating change...

<http://www.nuktessli.ca/index.html>

### **"Kentucky to the Cariboo" Juanita Corbett...**

Juanita Corbett a former Grand Ole Opry singer from Kentucky found her calling as a homeopathic aesthetician, manufactures her own Canadian Natural Oils line of curative and beauty products, including her now famous rosehip oil and has survived an encounter with a Grizzly Bear.

<http://www.spabc.com/html/kudos.html>

### **Gerry Bracewell "BC Cowboy Hall of Fame..."**

"Self-reliance, Loyalty, Ingenuity, Spitfire determination, Courage edging toward daredevilry. And a famously short temper for regulations imposed on their rural lives by distant urban officials." Anita Willis, Editor BC Magazine.

Gerry is a true Chilcotin Pioneer that is one of the few women members of the BC Cowboy hall of fame and a living legend.

<http://www.bcchs.com/archives.html#bracewell>

### **Bernward Kalbhenn "The Influence of German author Karl May (1842 –1912) on modern tourism is alive and well in the Chilcotin"**

For a fantastic insight on this writer's influence on one of many local resort owners meet **Bernward Kalbhenn** who's own life was effected to the point that he followed his childhood dreams and left his conferrable executive lifestyle in Germany

[www.clearwaterlakelodge.com](http://www.clearwaterlakelodge.com)

## **Mandy**

Once you have seen her, you are never the same.

She may seem like an ordinary antique doll, but she is much more than that.

Mandy came to live in the Quesnel museum in 1991, her clothing was dirty, her body was ripped, and her head had cracks in it. What can be said for a doll that has seen a good ninety years?

<http://www.quesnelmuseum.ca/Mandy.asp>

## **Dave Jorgenson**

"My personal passion for the natural environment, is supported by a broad collection of outdoor and safety skills, and fed by a strong knowledge base on subjects ranging from flora and fauna, animal tracking and photography, to history, geography, geology, climatology and good coffee."

[adventure@whitegold.ca](mailto:adventure@whitegold.ca)

## **Die Kleine Zeitung mit Herz - Krista Leibe**

Caribooster Krista Liebe's German speaking newspaper Die Kleine Zeitung mit Herz has a circulation of just over 5000 and is distributed throughout BC and Alberta with about 600 subscriptions around the world including Germany, Austria, Switzerland, Hungary, South Africa, Brazil, Taiwan and Japan to name a few.

[zeitung@telus.net](mailto:zeitung@telus.net)

## **Lily Chow**

Born in Malaysia, but has lived in Canada since the mid-sixties. She has taught in the Prince George School District and at the University of British Columbia. She now devotes her time to research and writing. Her first book, *Sojourners in the North*, won the Jeanne Clark Local History Award and is used as a textbook by many colleges and universities. Lily is a past director of the Barkerville Heritage Trust has connections to the Chinese Freemasons in Canada, and was instrumental in having the Chee Kung Tong building in Barkerville named a national historic site. Lily worked closely with Barkerville's curator Bill Quackenbush. Contact; **Lily Chow** [siewsan@telus.net](mailto:siewsan@telus.net)

## **Hot Honeymoons**

### **Helicopter Honeymoon**

Savour the thrill, and romance, of a helicopter honeymoon in Bella Coola valley enjoying the gracious hospitality at the Tweedsmuir Park Lodge. Take in the unrivaled wilderness setting, international cuisine, fine wines and spirits, and receive the pampering you and your sweetheart deserve. Your stay will be in the romantic Grizzly log chalet, which contains a beautiful hand crafted King size bed. Tweedsmuir Provincial Park, and the Bella Coola valley are removed from civilization therefore ideal for your private escape. We offer an itinerary planning service, at no extra cost, so you can design a custom dream honeymoon. We'll match interests, budget and time frames to find that perfect balance.

<http://tweedsmuirparklodge.com/events-retreats/weddings-and-honeymoons>

### **Honeymoon Haven at Siwash Lake Ranch**

Cariboo Country, Nr. 70 Mile House, British Columbia, Canada: Wedding vows bathe the world in a warm glow, and honeymooners seeking the essence of romance and paired possibilities should look no further than Siwash Lake Ranch. As morning light inches across the meadow then slides up the hand-hewn logs of Siwash's 7,000-square-foot ranch house in British Columbia's Cariboo Country, a happy couple greets the day on a private veranda that overlooks the shimmering lake.

Rustic elegance defines this exclusive boutique lodge. Minutes before, the twosome may have enjoyed the nurturing effects of Egyptian linens and a soak in an old-fashioned claw-foot tub. Now they sit, ensconced in fluffy robes and sipping French-press coffee, considering the adventures that will fill their day at Siwash, while songbirds serenade from nearby pines.

[http://www.siwashlakeranch.com/site/rates\\_-\\_packages/nature--s\\_hideaway.html](http://www.siwashlakeranch.com/site/rates_-_packages/nature--s_hideaway.html)

### **Honeymoon in luxurious western wilderness, charmed with a touch of Thai.**

Echo Valley Wilderness Resort & Spa isn't an ordinary honeymoon destination. Think spectacular boreal forests, glacial mountains and desert canyons. Then add a touch of Thai. And you'll discover a one-of-a-kind resort where East meets West in an array of eco adventures, mouthwatering organic cuisine, resort amenities and a unique blend of exotic pampering spa services.

Whether choosing a dreamy cabin for two overlooking a horizon of valleys and mountains, or the opulence of a Thai-style penthouse in North America's only authentic Baan Thai, honeymoon packages are customized to every couple, from in-suite dining to togetherness spa treatments.

Then there are the landscapes of endless possibilities. Hike through forests of scented jack pine. Ride the grassy range to the edge of a desert canyon. Pan for gold. Explore the outback on a jeep safari. Flight-see over glaciers. Or simply savor the romance of a star-filled sky.

Echo Valley Wilderness Ranch and Spa. Explore your passion. And follow your bliss.

[http://www.evranch.com/PP\\_ideas\\_honeymoon.asp](http://www.evranch.com/PP_ideas_honeymoon.asp)

## **"Not your average" Communities**

### **Barkerville Historic Town.**

Founded in 1862, Barkerville was "The Gold Capital of British Columbia" & is now the largest historic site in Western North America. Take a step back in history to one of the largest gold rushes in the world. Over 140 historic buildings line the streets. During the summer you can enjoy guided tours, mining demonstrations, street interpreters, stage coach rides, restaurants, shops & live theatre. We have cozy B&B's so you can stay right in the heart of the Gold Rush. Many special events & activities take place throughout the season, including Halloween & Christmas. <http://www.barkerville.ca/default.htm>

### **Wells BC**

Welcome to the Wells, Barkerville, and Bowron Lakes region. Home to Barkerville Historic Town, western North America's premiere heritage attraction, Bowron Lakes Provincial Park, one of the top 10 canoe circuits in the world, and Wells, a restored 1930's mining town chock- full of unique architecture and fascinating galleries, the Wells, Barkerville, Bowron Lakes area is a must see for anyone visiting British Columbia.

<http://www.wellsbc.com/>

## **Bella Coola/Nuxalk/Hagensborg**

Bella Coola exudes a rich culture and history. It is one of the few places where an ancient culture has successfully been passed on to today's inhabitants. Take a Nuxalk Tour to view hidden-away petroglyphs. Spend time in the Bella Coola Museum and then follow a self-guided historic route in the town. In Hagensborg, admire the craftsmanship of the Norwegian homesteads; families can trace their roots back to the 1890's. Follow historic footprints. In 1793 Alexander Mackenzie along with his voyageurs and <http://www.bellacoola.ca/culture/>

## **2010 Winter & Spring Trout Fishing!**

Bella Coola's healthy coastal rivers and streams promise to produce another strong and sustainable sport trout-fishing recreational opportunity for avid fly fishers on BC's Central Coast. With mild winter temperatures from December through February, it is expected that some salmon fry will be hatching a little bit early, prompting the sea-run cutthroat trout, Dolly Varden, and resident rainbow trout to be seeking the hatching salmon fry early this year. Look for sheens of silver salmon fry heading to the ocean in early April through May and expect great trout fishing for novice to intermediate skill levels; experts beware, this will be a fishing overload!

Expert anglers know to use a silver-minnow pattern with a sinking leader to mimic the hatch. But does anyone know where the Dolly Varden got its name, and why it is the only BC coastal fish whose name has capital letters? The reason is that in the late 1890's Charles Dickens' wrote a novel called *Barnaby Rudge* in which there appears a character named Dolly Varden that often wore a pink polka-dotted dress that apparently resembled the natural colouring of the '*Dolly Varden Trout*'. There forward the Dolly Varden was so named...

Contact: Fraser Koroluk  
[fkoroluk.bcv@gmail.com](mailto:fkoroluk.bcv@gmail.com)

## **"Not Mainstream" Festivals and Events**

### **The Grand Cariboo Opry**

Barney Bentall's Grand Cariboo Opry took a while to develop and incubate. "My band "The Legendary Hearts" had been performing each year at the Clinton May Ball – a tradition that goes back to a time when Jesus first put on chaps and tried his best to ride some rank old cayoose to the buzzer. We would come to town, stay at my ranch and rock the place in our usual way. However, it is a powerful land and the spirits of old mixed blood fiddle players and banjo pickers started to send messages from their sage covered graves." Formed to raise funds for needy residents in Vancouver's Downtown Eastside, the Grand Cariboo Opry was inspired, in part, by Bentall's other career: ranching in British Columbia's Cariboo Chilcotin Coast Region.

<http://www.grandcaribooopry.com/>

### **ArtsWells**

Artists have travelled from across the country to this little mountain town to be part of this inspiring collaboration! This is a 4 day outdoor & indoor event designed with community in mind. 500 residents, 5 art galleries and a ton of fun...

<http://www.artswells.com/>

## **84<sup>th</sup> annual Williams Lake Stampede**

This rodeo features Canadian Professional Rodeo Association action including one of the world's most dangerous events - Bull Riding. There's also the classic beauty of Ladies Barrel Racing ... Bareback and Saddle Bronc Riding ... Steer Wrestling and Tie Down Roping. You'll see all of the top cowboys - international rodeo competitors from Canada and the United States. <http://williamslakestampede.com/>

## **100 Mile House Garlic Festival**

If you get hooked on 'the rose' - You might tend to drool - But all your smart friends - Will think you are cool - So don't be afraid - To eat lots of it - And please don't be shy - Eat more than a bit - You might even get frisky - And stay up through the night - For the old stinkin' rose is a lover's delight  
<http://www.garlicfestival.ca/index.html>

## **Discovery Coast Music Festival**

Enjoy innovative and exciting live performances from all across Canada amidst the pristine coastal landscape of Bella Coola, British Columbia. This family-oriented event boasts an eclectic line-up of music - roots, rock, world, blues, folk and more. With something for everyone, the festival features an interactive Children's Site, food and craft vendors and workshops.  
<http://www.bellacoolamusic.org/DCMFestival/Location.html>

## **High Tea with Queen Victoria**

Join Queen Victoria and Albert, Prince Consort, at the Wake Up Jake Saloon in Barkerville Historic Town on **Victoria Day** in honour of the queen's birthday.  
<http://picasaweb.google.ca/photobowron/QueenVicTeaParty#>

## **History and Culture**

### **Xat'súll**

Xat'súll (Hat'sull) Heritage Village is located in a remote, serene area, nestled alongside the gentle roar of the Fraser River. While some tribes want to keep their culture under lock and key, the Xat'sull want visitors to learn about their culture and zap stereotypes. The Xat'súll First Nation is a member of the Great Secwepemc Nation, once known as the people of Xat'súll (on the cliff where the bubbling water comes out). Xat'súll is the northern most Shuswap tribe of the Secwepemc Nation, which is the largest Nation within the interior of BC. The Xat'súll have stewarded territory ranging from the Coast Mountains to the west, east to the Rocky Mountains. <http://www.indiancountrytoday.com/living/tourism/42426437.html>

### **Chinese Freemason's of Barkerville "Barkerville's Secret Society"**

The Chee Kung Tong represented a group that was ***dedicated to the overthrow of the Ch'ing dynasty***. A secret society in China, they flourished in the Cariboo and British Columbia, providing services to their members in both in sickness and in health... **Barkerville's living Characters that can connect you to that past Bill Quackenbush** is probably the best point of contact for all things Barkerville as it is his work over the past decade that has helped educate our visiting public to the significance of Barkerville's Chinese community and he can point you in the direction of others who may have more detailed knowledge. Contact Dr Ying Ying Chen [yuanshan3333@yahoo.com](mailto:yuanshan3333@yahoo.com) Barkerville curator Bill Quackenbush [bill.quackenbush@barkerville.ca](mailto:bill.quackenbush@barkerville.ca)

## **A relatively unknown fact about British Columbia's "Forgotten Governor"**

On the morning of June 10th 1869 the seriously ill Lieutenant Governor Frederick Seymour, passed away on board the ship he was traveling on while at anchor in Bella Coola. He had been working towards settling a dispute between the Nass and Tsimshian peoples during the spring fishery on the Nass River and as untimely and unfortunate as that event was for the governor, his passing created some very interesting challenges for other people on that trip. You know "fact is often weirder than fiction" and as strange as it may seem to us now, it was arranged that Frederick Dally one of early BC's more notable Photographers & who was present at the time would take the portrait of the recently deceased. This is the portrait of Governor Seymour that hangs in the BC Legislature to this day.

[info@bellacoolamuseum.ca](mailto:info@bellacoolamuseum.ca) Phone: 250-799-5767 (June-September) Phone: 250-982-2130 (Archives)  
[www.bellacoolamuseum.ca](http://www.bellacoolamuseum.ca)

## **Food**

### **Birch Syrup**

Moose Meadows Farm of the Cariboo Region is proud of its efforts towards assisting with the establishment of a viable and active birch syrup industry in Canada. In 2007, they authored the first and only manual on birch syrup production in Canada (*The Birch Syrup Production Manual - Tapping into Syrup Boreal Forest Style*) and was the recipient of the first Award of Excellence in Innovation in Agriculture & Agri-Foods for her efforts. <http://www.moosemeadowsfarm.ca/sugaring.html>

### **"Pasture to Plate" Grass Fed Beef**

The average resident of BC consumes about 30 pounds of beef per year.

Raising a single beef animal to 28 months on grassland in a sustainable and eco-conscious way requires about 200 acres of land in the Chilcotin, Redstone area. This land must be managed so that wildlife are well-sustained and their habitat is encouraged to flourish. <http://www.chezacutwildernessadventures.com/>

A fully mature beef yields about 300 pounds of meat. This means about 0.66 acres of BC native and ranch land are preserved with every pound of grass-finished beef raised.

If BC residents would consume 30 pounds of grass-finished bio-meats each year they could conserve nearly 20 acres of native and ranch land every year, simply by making the choice to support sustainable agriculture <http://www.pasture-to-plate.com/>

### **An Italian Classic in the heart of the Cariboo**

Located on BC's Highway 24 "the Fishing Highway" is the Lac des Roche Resort.

Luc & Laura Pieranna originate from Modena and offer up a true Italian restaurant that combines Southern Cariboo hospitality and their Northern Italian chef's specialties

[www.lacdesroches.com](http://www.lacdesroches.com)

### **Bears Paw "Frog Safe Coffee"**

Our eclectic menu covers all tastes, and we never make anything that doesn't have a signature unique to "The Paw". This year we're introducing Frog Friendly Organic Coffee, new breads, and beers, some great new desserts and lunch items.

<http://www.thebearspaw.ca/menu.html>

### **Eagles Nest Resort in the Chilcotin**

Located in an age-old wilderness, where Native North Americans have long lived and the explorer Alexander Mackenzie once passed, there is a special place of comfort, elegance and closeness to the land. <http://www.eaglesnest-resort.com/theresort.htm>

## **5 Green Keys...**

### **Cowboys and Carbon Footprints**

Remote Siwash Lake Ranch is an off-the-grid dude ranch

Located in British Columbia's Cariboo region, wrangling the most progressive clean energy technologies is just as integral to the resort as wrangling horses, fly fishing for rainbow trout or tracking black bear, coyotes and cougars.

[www.siwashlakeranch.com/site/sustainability.html](http://www.siwashlakeranch.com/site/sustainability.html).

## **Health and Inner Beauty**

### **Winter Getaways at Echo Valley Ranch & Bann Thai**

A winter vacation at Echo Valley Ranch & Spa promises to be the ultimate get-away for fun, excitement and relaxation. Echo Valley's year-round activities and world-class spa are designed to offer our guests the chance to restore their passion for life and to reconnect with friends and family.

[http://www.evranch.com/evr\\_specials.asp](http://www.evranch.com/evr_specials.asp)

### **The Hills Health Ranch**

Home of the Canadian wellness center, has the largest number of health professionals of any resort in Canada. We enjoy having an MD, 5 nurses, kinesiologist, nutritionist, behavioural councillor, as well as a number of personal trainers and fitness instructors.

We are doing research with the National Research Council, working on indigenous plants, looking for the best in health and healing products from plants growing outside our door.

<http://www.spabc.com/>

## **TV & Movie Locations**

The amazing diversity in the Cariboo Chilcotin Coast Regions of BC attracts a various film crews. Travel shows, Documentary, Fishing, Hollywood for example last year "Billy Connolly's Journey To The Edge Of The World" featuring grizzly bear watching with Ecotours-BC, aired on March 12, 2009 in the UK, with rave reviews from an audience of nearly 4 million viewers! Movies Locations have included, 7 Years in Tibet, Kundun, K2, Hulk, <http://cccfr.landwithoutlimits.com/Welcome>

### **Canyon Wars**

This is the story of the Canyon War, an untold chapter in Canadian history. Swept under the carpet for 150 years, it's a tale of greed, violence and heroism set against the backdrop of the Fraser River gold rush of 1858. <http://canyonwar.com/index.html>

## **Adventure Destinations and Activities**

### **Exhilarating Outdoor Wilderness Adventures**

EnRoute or returning from the Vancouver 2010 Olympic and Paralympic Winter Games, add on a truly authentic Canadian wilderness experience at Chilcotin Holidays Guest Ranch.

<http://www.chilcotingholidays.com/olympics.phpn>

### **Who says size doesn't matter?**

Bella Coola Heli Sports offers the largest single heli skiing area in the world. The British Columbia government has granted Bella Coola Heli Sports an extension to their permitted heli skiing tenure. The total skiable area is now 10,700 square Kilometres (4,200 sq/m).

<http://www.bellacoolahelisports.com/>

### **Wolf viewing in the South Chilcotin Mountains**

Sit on the edge of a frozen lake in the early morning and call to a wolf pack. When they respond it will send chills up your spine with the excitement of connecting to the mysterious Wolf.

[http://www.chilcotingholidays.com/wolf\\_viewing.php](http://www.chilcotingholidays.com/wolf_viewing.php)

### **Cross Country Skiing Resort in the Cariboo**

Status as a leading Canadian Nordic ski destination is maintained through continual improvement of our ski facilities. Our extensive 150 km community trail network is equally divided between beginner, intermediate, and advanced skill levels.

<http://www.skithetehills.com/>

### **Ski hut to hut on the famous Bowron Lake Canoe circuit**

Experience the serenity of this incredible winter paradise surrounded by towering peaks as you ski along the frozen lakes and trails of the Bowron Lake Canoe Chain this winter. Surrounded by mountains, the lakes are beautifully desolate this time of year but you won't be alone.

<http://www.whitegold.ca/winter-trips.html>

### **TLH Heli Skiing**

Tucked away in the South Chilcotin Mountains lies the largest log lodge in the West. Nestled on the shores of Tyaughton Lake with views of 9,000' snow-covered peaks. Tyax Lodge will be your remote mountain home while enjoying some heli-happiness. <http://www.tlheliskiing.com/content/lodge.php>

### **CMH Heli Skiing**

Silvertip Lodge caters to private groups of 10

Located on the shore of Quesnel Lake the deepest fjord lake in the World, Silvertip is unrivalled for remoteness.

<http://www.canadianmountainholidays.com/heli-skiing/lodges/silvertip>

### **Tyax Mountain Biking – Spruce Lake**

Here at Tyax we have some of the best mountain biking BC has to offer. From family friendly beginner trails along the lakeshore to World Class Cross-country Mountain biking there's something for all levels.

With the use of a floatplane, or good old muscle power, access some of the best single-track British Columbia has to offer. Our knowledgeable, certified guides can help you get the most out of your mountain-biking adventures. There are trails here for everyone, from challenging technical single-track to rolling single-track that goes for miles as well as easy local trails near the resort.

[http://tyax.com/mountain\\_biking.php](http://tyax.com/mountain_biking.php)

### **Unique to the BC Coast**

Imagine following the Salmon in a custom restored Tugboat on a Fishing Adventure. Cruise through some of the most exotic scenery in the world and enjoy the best fishing. The tugboat is your resort and each two guests are supplied with a fully equipped, self guided 18 foot fishing skiff providing you the freedom to choose when you want to fish, explore or relax.  
[http://www.tugboatcruise.com/package\\_info1.html](http://www.tugboatcruise.com/package_info1.html)

### **Taseko Lake Outfitters**

Taseko Lake Outfitters offers remote wilderness vacations activities include canoeing & hiking expeditions, guided pack horse trips, trail riding, fishing & guided hunting in the Chilcotin Country <http://www.tasekolake.com/>

### **Canyons and Cathedrals a native Indian fishing & cultural adventure**

Connect with a culture that is truly connected to nature. This interactive scenic tour on the Fraser River is a unique educational experience that focuses on the local Aboriginal Culture, History and Wildlife.  
[www.jetboatadventures.com](http://www.jetboatadventures.com).

### **A Paddlers Dream**

A unique and beautiful paddling route awaits you, perched at 3,500 feet on the eastern edge of Tweedsmuir Provincial Park, stretches a chain of lakes which flow into Turner Lake and ultimately over the 1,000 foot Hunlen Falls.  
<http://www.tweedsmuirair.com/adventures/twc/intro.htm>

### **Bowron Lakes Canoe Chain**

A chain of large lakes in the Cariboo with connecting waterways tucked into the backcountry north of the heritage town of Barkerville, the 116 kilometre (72 mile) Bowron Lakes Circuit was named one of the top 10 canoe trips in the world by *Outside* magazine. A tour of these mountain-framed lakes on the western slopes of the Cariboo Mountains offers spectacular scenery, the chance for a short side trip to Cariboo Falls, and opportunities to spot moose, beaver, and bear. That's just two of the many paddling opportunities found in the Cariboo Chilcotin Coast region. Others include the endless Kayaking heaven of the Central and Outer Coast regions. <http://www.bcadventure.com/adventure/explore/cariboo/trails/bowron.htm>

### **Spirit Bear Adventures**

Wildlife, Bear Watching Tours and Native Culture in BC's Great Bear Rainforest  
Visit the Great Bear Rainforest, the largest intact temperate rainforest in the world. Explore the natural habitat of the Spirit Bear and home of the world's only Kitasoo Spirit Bear Conservancy.  
Unique tours in the ancestral lands and traditional territory of the Kitasoo/Xai'xais First Nation.  
<http://www.spiritbear.com/>

### **“Cowgirl Boot Camp” Elkin Creek Guest Ranch**

A special time for aspiring cowgirls and ladies looking for a fun and exciting all-girl adventure. Our annual Cowgirl Bootcamp offers ladies a chance to learn proper horsemanship skills.  
<http://www.adventurewestresorts.com/elkin/promotions.html>

## **Wild Horses of the Brittany Triangle**

.....Since these horses arrived before European contact in the region, their origin was most likely from the Spanish stock which provided mounts for the plains Indians over 400 years ago. This was the most likely source of horses at that time. It is documented that some of the Spanish horses had filtered up into the Kootenay District well over 200 years ago. Given there have been wild horses in the Chilcotin District for 200 years, we have no reason to think they have not been in the Brittany Triangle just as long.

<http://www.fonv.ca/activities/articles/wildhorses/>    <http://www.xenigwetin.com/>

## **NEED MORE INFORMATION?**

**Geoff Moore**

**Regional Media Relations Representative**

Cariboo Chilcotin Coast Tourism Association

[geoff@landwithoutlimits.com](mailto:geoff@landwithoutlimits.com)

#204 350 Barnard Street

Williams Lake BC

V2G 4T9

Toll Free 1-800-663-5885

Office 250 392 2226 ext.206

Fax 250 392 2838

[www.landwithoutlimits.com](http://www.landwithoutlimits.com)

The Cariboo Chilcotin Coast Tourism Association is a Destination Marketing Organization that works in conjunction with Tourism BC and the tourism industry in the Cariboo, Chilcotin and Central Coast area to help foster the growth of the tourism industry in the region. For more information on the Cariboo Chilcotin Coast region visit [www.landwithoutlimits.com](http://www.landwithoutlimits.com)